

PSHE OVERVIEW 2024-2025

KS3	TERM 1 <i>4 September-25 October 2024</i>	TERM 2 <i>4 Nov-13 Dec 2024</i>	TERM 3 <i>6 Jan-14 Feb 2025</i>	TERM 4 <i>24 Feb-4 April 2025</i>	TERM 5 <i>22 April-23 May 2025</i>	TERM 6 <i>2 June-17 July 2025</i>
YR 7	<ul style="list-style-type: none"> -Introduction to PSHE -Personal Strengths -Emotions and Self esteem 	<ul style="list-style-type: none"> -Road safety (External Talk KCC) -Self Care strategies -Self-esteem and the media 	<ul style="list-style-type: none"> -Online Safety and Peer Pressure -Cyber bullying -Healthy and Unhealthy Relationships 	<ul style="list-style-type: none"> - Friendships -Bullying and the role of bystanders 	<ul style="list-style-type: none"> -Puberty -Periods and the Menstrual Cycle -Vaping and Smoking 	<ul style="list-style-type: none"> -FGM -Health Campaign Presentations
YR 8	<ul style="list-style-type: none"> -Healthy Habits -Ways to wellbeing and self-care -Emotional Empathy 	<ul style="list-style-type: none"> -Online Safety and Social Media -Responsible Social Media use -Sexting Risks and Laws 	<ul style="list-style-type: none"> -Intimate relationships and marriage -Marriage Debate -The role of Parents 	<ul style="list-style-type: none"> - Consent -Body Image Appearance ideals and the media (External Speaker BHM) 	<ul style="list-style-type: none"> -Money and Finances -Budgeting -Democracy and Laws 	<ul style="list-style-type: none"> -Political parties -Mock Election -Summer Safety
YR 9	<ul style="list-style-type: none"> -Alcohol -Drugs -Mental Health and Self Harm 	<ul style="list-style-type: none"> -St John's First Aid course -British Values 	<ul style="list-style-type: none"> -Racism -Sexism and Misogyny -Sexual Orientation 	<ul style="list-style-type: none"> -Role of Social Media and Prejudice -Radicalisation and Extremism -Consent and the law 	<ul style="list-style-type: none"> -Exploitation & Grooming -Gangs and Knife crime -Contraception and STI's (School Nurse Talk) 	<ul style="list-style-type: none"> -Contraception methods and STIs -Contraception and STI Campaigns -Summer safety

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YR 10	<ul style="list-style-type: none"> -Healthy Body and Healthy Mind - Mental Health -Why do people take drugs? 	<ul style="list-style-type: none"> -Cosmetic and Aesthetic Procedures -Breast Cancer (External Speaker-Coppafeel) -County Lines 	<ul style="list-style-type: none"> -Sexual Harassment -Healthy relationships and coercion -Global Issues for Women 	<ul style="list-style-type: none"> - Intro to banking -Finances and Debt 	<ul style="list-style-type: none"> -Pregnancy Facts and Miscarriage -Paths to Parenthood -Employability (External Speaker-InvestIN) 	<ul style="list-style-type: none"> -Managing Online Presence -Careers
YR 11	<ul style="list-style-type: none"> -Pregnancy and Contraception -Being a Young Parent and Abortion -Growth Mindset 	<ul style="list-style-type: none"> -Career pathways Apprenticeships and A Levels - Managing sixth form study -Preparing for exams 	<p style="text-align: center;">EXAMS</p> <ul style="list-style-type: none"> -Consent 	<ul style="list-style-type: none"> -Sex: Assumptions and norms? -Pornography -Assertiveness in relationships 	PUBLIC EXAMS	PUBLIC EXAMS

KS5	TERM 1 4 September-25 October 2024	TERM 2 4 Nov-13 Dec 2024	TERM 3 6 Jan-14 Feb 2025	TERM 4 24 Feb-4 April 2025	TERM 5 22 April-23 May 2025	TERM 6 2 June-17 July 2025
YR 12	<ul style="list-style-type: none"> -Intro to PSHE and making the most of sixth form. Tips for Wellbeing - First Aid and Alcohol -Drugs and Alcohol (External Speaker-We are with you) 	<ul style="list-style-type: none"> - Men's Health and testicular cancer - Financial Choices: Pensions and Tax - Gambling Risks 	<ul style="list-style-type: none"> -Driving Awareness Course with KCC -Driving Awareness Talk (External Speaker)	<ul style="list-style-type: none"> - Revenge Porn -Gaslighting and coercive relationships 	<ul style="list-style-type: none"> -Next Steps after Sixth Form -UCAS (External Speaker) 	<ul style="list-style-type: none"> -UCAS -PREP WEX
YR 13	<ul style="list-style-type: none"> - Making the most of Year 13 and Work/Life balance -Alcohol and risks of spiking -Fertility 	<ul style="list-style-type: none"> -Infertility and Men's Health -Menopause 	<p style="text-align: center;">EXAMS</p> <ul style="list-style-type: none"> -Diversity and Inclusion 	<ul style="list-style-type: none"> -Health Services -Budgeting -Eating healthily on a budget (External speaker) 	<p>PUBLIC EXAMS</p>	<p>PUBLIC EXAMS</p>

**Please note on occasion the order of lessons may change.*