

29 March 2022

Dear parents and carers,

Dance Club – Term 5

We are excited to offer a new Dance club next term which will be run by an external provider. In order to provide you with information about the style of the dance classes, dance teacher, Alice Bowen, has shared the following:

I'm a trained professional dancer from Tonbridge. I started dancing from a young age, before going on to train at Degree level at Northern School of Contemporary Dance, in Leeds. I teach contemporary dance workshops locally and I'm really excited to start teaching at Weald of Kent.

My classes are always fun, inclusive and offer the students a new way of moving for them to explore. Class will consist of various phrases, fun games and exercises which will focus on moving smoothly in and out of the floor, improving spatial awareness and performance skills and moving three-dimensionally.

My main aim is to get the students enjoying moving their bodies. Especially for those who attend a lot of exambased dance classes, I know from experience that sometimes the movement language within these exam boards can feel quite restrictive. Therefore, I want to offer the dancers a space to just enjoy the freedom of movement.

On reflection, I believe I would have really benefited from something like this as a young dancer. The skills learnt in these classes are easily transferrable and can be used to enrich the participants' other dance styles and practices.

These sessions will take place at the following times:

Tonbridge: Wednesday 3.50 - 4.50pm (starting 27 April) Sevenoaks: Thursday 3.50 - 4.50pm (starting 28 April)

The club will take place in the Dance studio at the Tonbridge Campus and the Activity Studio at the Sevenoaks Campus.

If you would like your child to take part in these sessions, please book online via the following link:

Tonbridge:https://alicebowenyogadance.as.me/tonbridgeSevenoaks:https://alicebowenyogadance.as.me/sevenoaks

Please check carefully to make sure you enroll your child on the right session for their campus.

Please note, spaces are limited and will be allocated on a first come first served basis. The course will run for 5 weeks, then there will be another opportunity to book for the following course in Term 6. As this club is run by an external company, there is a charge if you would like your child to take part. If you need financial assistance, please contact <u>financeenquiries@wealdgs.org</u>.

Yours sincerely,

Mrs R Northcote Head of PE

Headteacher: Mrs E Bone BA (Hons), MA Tudeley Lane, Tonbridge, Kent TN9 2JP Tel: 01732 373 500 Email: school@wealdgs.org wealdgs.org Weald of Kent Grammar School Academy Trust Charity, incorporated in England and Wales Registration Number 7451660, Limited by Guarantee